

Theme: Five Senses! Week 1

This document contains all of the activities for the theme Five Senses “for the age group “Big Kids.”

Have fun!

Questions or comments? Please email us at

[playconnecttoday@gmail.com!](mailto:playconnecttoday@gmail.com)

All activities require adult supervision!

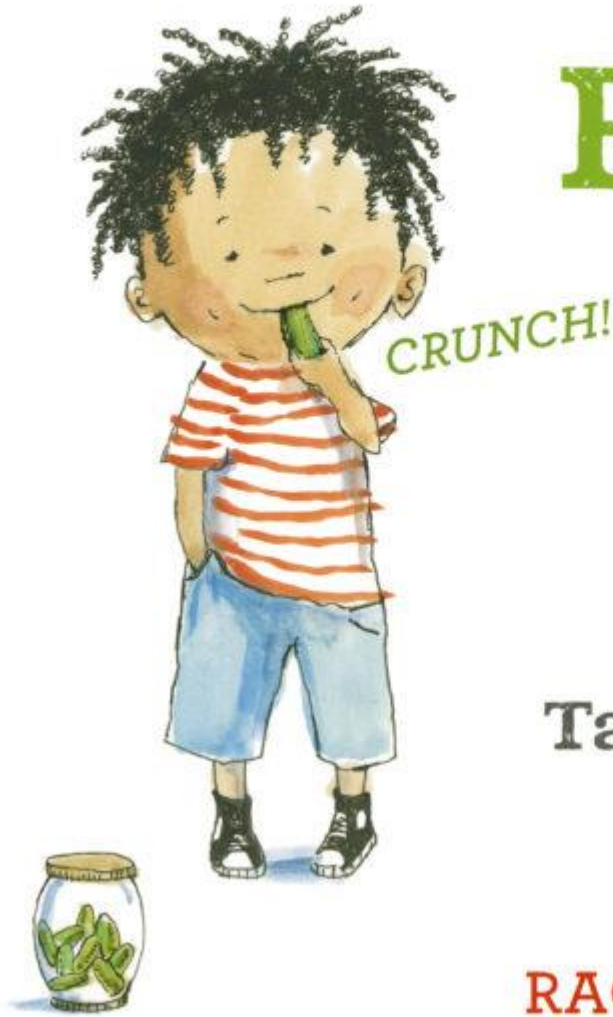
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*Clip art images taken from: <https://publicdomainvectors.org> and <https://clipartsearch.freebusinessapps.net/>

*Images used from: unspash.com

Book Suggestion

(We highly recommend checking your local library for this book, however if you cannot find it-please see link on our “Theme extras” web page to purchase if desired or find another book that showcase the five senses)! - We suggest using the same book for two weeks as this really helps children gain reading comprehension of the book!



I Hear a Pickle

(and
Smell,
See,
Touch,
and
Taste It, Too!)

RACHEL ISADORA

Song Suggestion

Five Senses Song

Written by: Play Connect LLC

(Sniff, sniff, sniff) do you smell that?

(Sniff, sniff, sniff) With your nose

(Sniff, sniff, sniff) I think it's stinky toes!

Look, look, look do you see that?

Look, look, look with your eyes?!

Look, look, look it's a goofy cloud in the sky!

Feel, feel, feel do you feel that?

Feel, feel, feel with your hands

Feel, feel, feel it's a rubber band!

(Lick, lick, lick) do you taste that?

(Lick, lick, lick) With your tongue

(Lick, lick, lick) it's ice cream grab it and run!

(Shh, shh, shh) do you hear that?

(Shh, shh, shh) With your ears

(Shh, shh, shh) I think it's a giggling deer!

I, I, I, I can smell that

I, I, I, I can see that

I, I, I, I can feel that

I, I, I, I can taste that

I, I, I, I can hear that

With my senses!

Simple Vocabulary Words

These are optional vocabulary cards to show your child before reading the story to help with understanding. It is also a great idea to point out the words while reading the book!



SMELL



TASTE



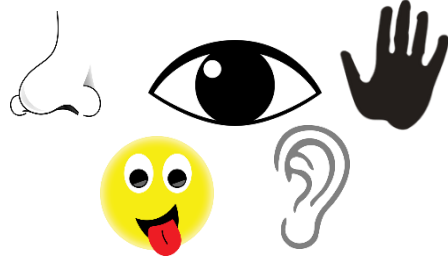
TOUCH



HEAR



SIGHT



FIVE SENSES

Art Project:

Musical Painting

What you need for this activity:

- *Non-toxic paint
- *Paintbrush(es)
- *Blank paper
- *Music of choice

Directions:

- *For this activity your child will paint while listening to music.
- *First, set up the area – we always recommend putting paint into small containers with one paintbrush per color. This makes it easier to just keep painting instead of having to rinse the brush after each color.
- *Let your child choose how they would like to paint – standing up? (This works great if you have something paint-safe to hang paper on like an easel), sitting down? Laying on the floor?
- *Then choose which music to listen to, it really can be anything they enjoy. Classical music works well for this since there aren't words to listen to which can be distracting.
- *Tell your child to paint whatever the music makes them feel! Let them go for as long (or short) as they like.
- *To finish up have your child describe their painting to you!

Pre-writing Activity:

Whipped Cream Writing

What you need for this activity:

- *Whipped Cream or Cool Whip
- *Food dye (optional)
- *Cookie Sheet

Directions:

*This activity will allow your child to practice their pre-writing skills by “playing with” lines!

*As this activity included a food product, make sure every participant is safe to use it!

*Then spray or scoop the whipped cream onto the cookie sheet. At this point, if you choose to do so, you may color the cream with the food dye. Remember, a lot goes a long way!

*Let your child play with it! They can try and form horizontal and vertical lines. They can practice writing their name. They can make a picture. Whatever!

This is fun way to let children practice pre-writing skills using different senses and textures. Activities like these help children who sometimes struggle with the simple “pen and paper” pre-writing route.

Math Activity:

Finding Shapes All Around

What you need for this activity:

*Your child

*Various shaped items

Directions:

This activity will ask your child to review their knowledge of basic shape names. (Square, Rectangle, Circle, Triangle)

They should look for and find something that would utilize each of the senses. For example: find something you can taste that is a square (perhaps they find a piece of bread). Find something you can see that is a circle (this could really be anything but perhaps a plate) and so on!

Activities like this one are great because they can easily be tailored to the individual child depending on their understanding. See below for various versions of the activity.

Most simple version: Have an item that fits each category in front of your child. Ensure you have the five senses: taste, smell, touch, sight, hearing. Along with the basic shapes: square, circle, triangle, rectangle (you can add in diamond if you don't want to double up a shape).

Then just ask your child to find each shape. Ask them which sense(s) they can use for it.

More difficult version: Ask your child to find each of the basic shapes around your house. Then ask which sense(s) they can use for each item).

Most difficult version: Ask your child to find each of the basic shapes around your house as-well-as more complicated shapes. Such as: diamond, oval, hexagon, and trapezoid. Then ask which sense(s) they can use for each item).

Language Activity:

Tracking Sound

What you need for this activity:

- *Musical instrument (or something else to make sound with)
- *Space to play

Directions:

*For this activity your child(ren) will work on recognizing where a sound is coming from, an important step in their listening development.

*To begin, show your child(ren) the instrument you will be using. If you do not have one, you could use something else that makes an obvious sound.

*Ask your child(ren) to close their eyes and go to any corner of the room (or outdoor area). Sound the musical instrument and walk back to your child.

Have them guess where the sound was coming from. If they are correct, choose a new area to test. If not, try it again.

*Another way you can do this is having your child(ren) walk towards the sound you are creating. Note that if you choose this method, you must be absolutely certain that there are no objects in their way that they could trip over or hurt themselves on.

Science Activity:

Using my sense of touch and smell

What you need for this activity:

- *Blindfold of some sort
- *Multiple (safe!) items

Directions:

*For this science activity your child(ren) will utilize two of their senses: their sense of touch and their sense of smell.

*First gather a bunch of items – they should be things that your child(ren) are familiar with. Some ideas for items: a stuffed animal, a leaf, a stick, playdough.

To make it easier: show children what the items are beforehand (so they have a better idea what to guess)

To make it more difficult: Do not show them the items.

*Then blindfold each child participating. Tell them they can touch the items and smell them but cannot look at them, taste them, or tap them (as to hear).

*Let them each guess what the items are!