

Theme:

All About Me

This document contains all of the activities for the theme “All About Me” for the age group “Big Kids.”

Have fun!

Questions or comments? Please email us at playconnecttoday@gmail.com!

All activities require adult supervision!

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*Clip art images taken from: <https://publicdomainvectors.org> and <https://clipartsearch.freebusinessapps.net/>

*Images used from: unsplash.com

Book Suggestion

“There’s Only One You”

(We highly recommend checking your local library for this book, however if you cannot find it-please see link on our “Theme extras” web page to purchase if desired or find another book that showcase “All About Me!” - **You do not need to read the entire story all at once. Some children have a difficult time concentrating for an entire story, it is totally okay to portion on the story over a few reading sessions!



Song Suggestion

Everybody has a Name

Author: Unknown

Everybody has a name.

Some are different

Some are the same/

Some are short,

Some are long.

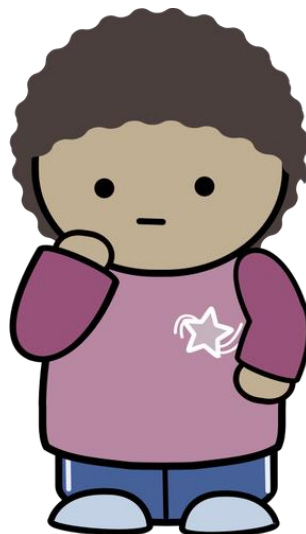
All are right,

None are wrong!

My name is_____

It's special to me

It's exactly who I want to be!



Introduction project:

All about me bag



What you need for this activity:

*A bag of some sort (We suggest paper so it can be decorated)

Directions:

This is up to you! As stated above, we suggest using a paper bag so you can further personalize this activity however it is not necessary.

Fill the bag with items that represent you! Be ready to tell your group members what they are.

(Do you have a favorite stuffed animal, is there a sweet that you love, a picture of your pet etc....)

Art Project: Make your face!

What you need for this activity:

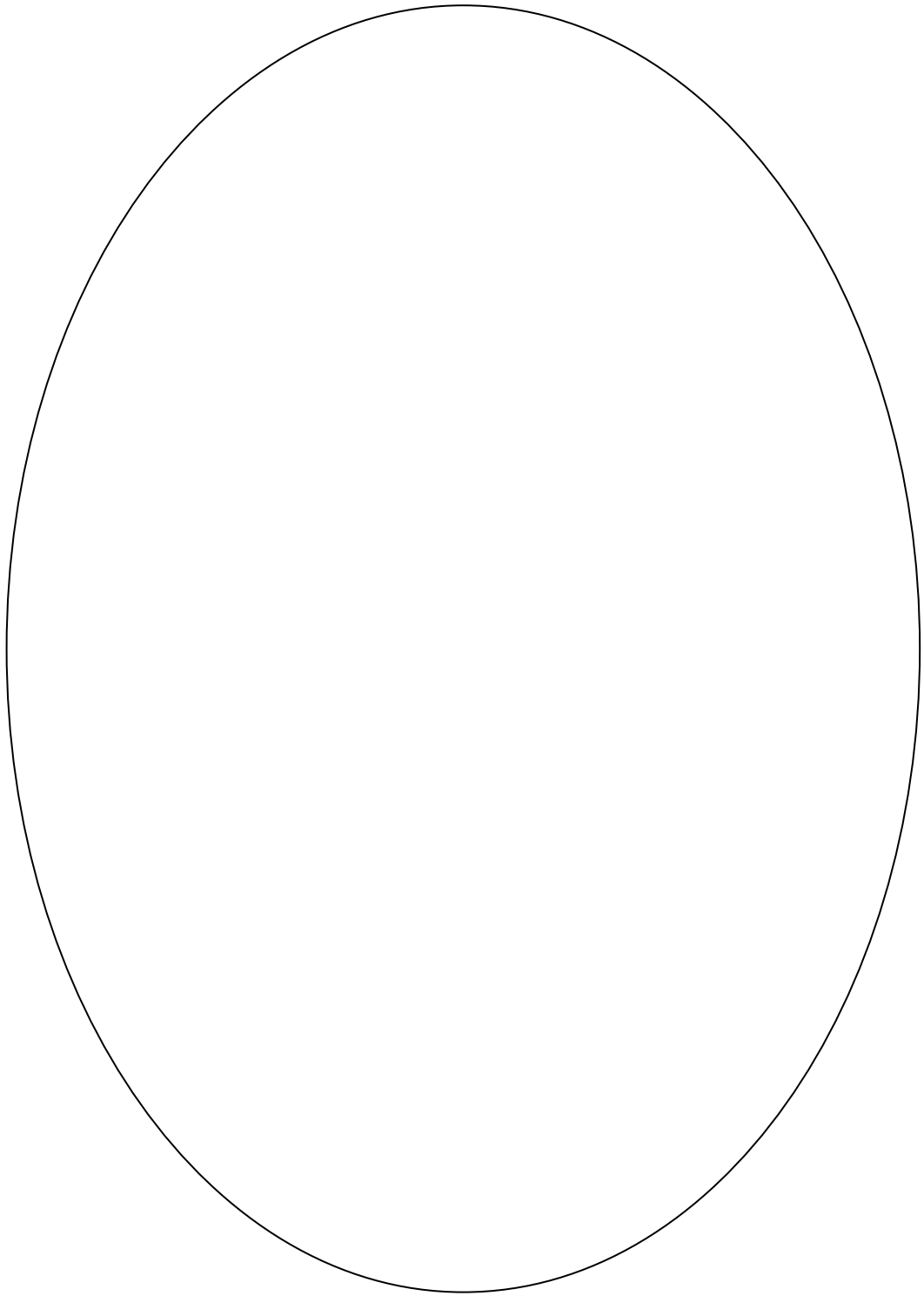
*Non-toxic Glue

*Face outline template (or draw your own outline)!

*Whatever (child safe) stray materials you have laying around (these could be buttons, stray pieces of yarn, pipe cleaners, things from outside like leaves and rocks). Let their imaginations go wild!

Directions:

Create an image of your face using the materials you have. How does it represent you?! If you want an extra challenge-cut out the face template (or one that you draw) and stick it on some construction paper to have a nice background!



Fine Motor Activity: Cotton Swab Face Paint

What you need for this activity:

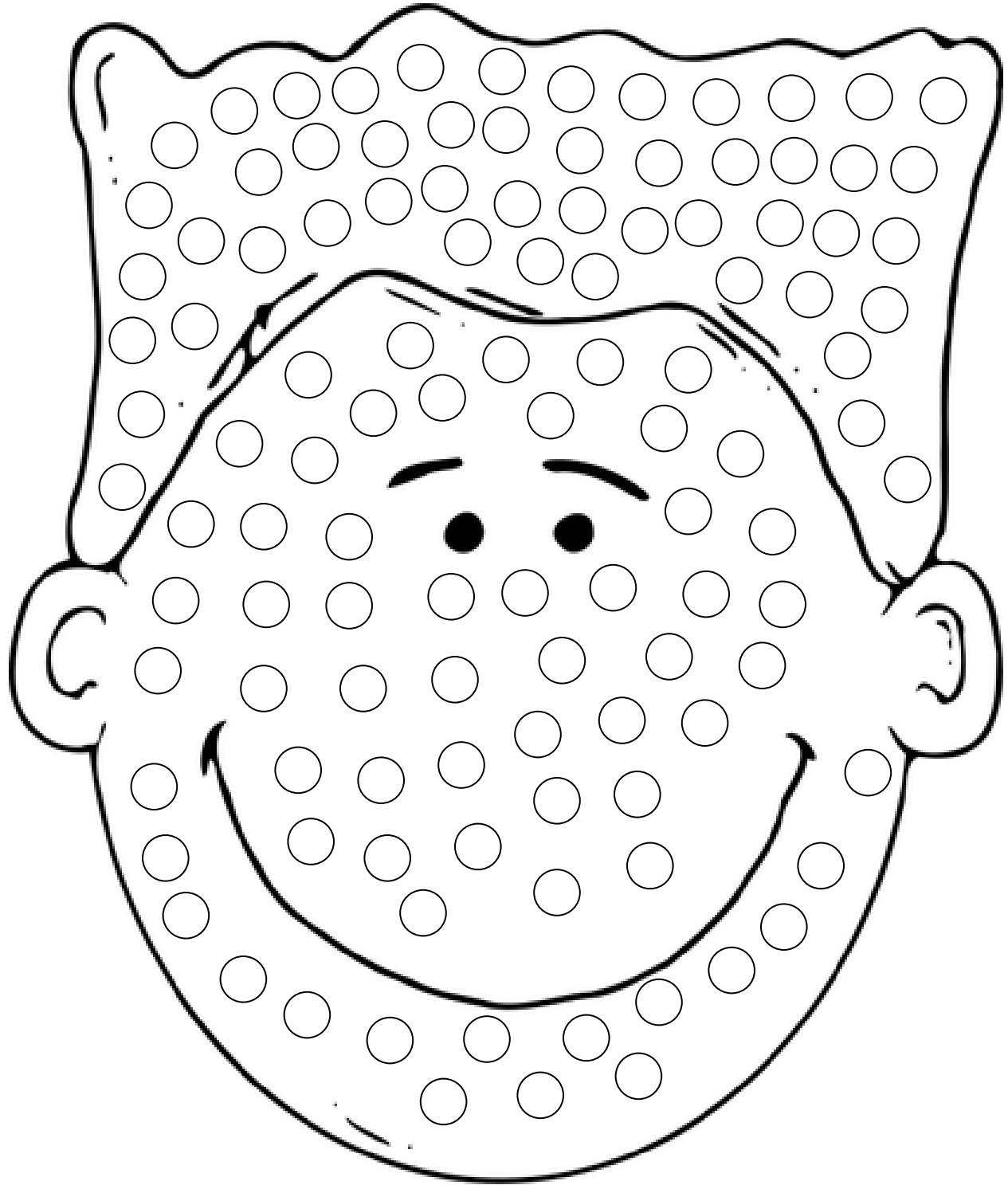
*Faces dot page(s)

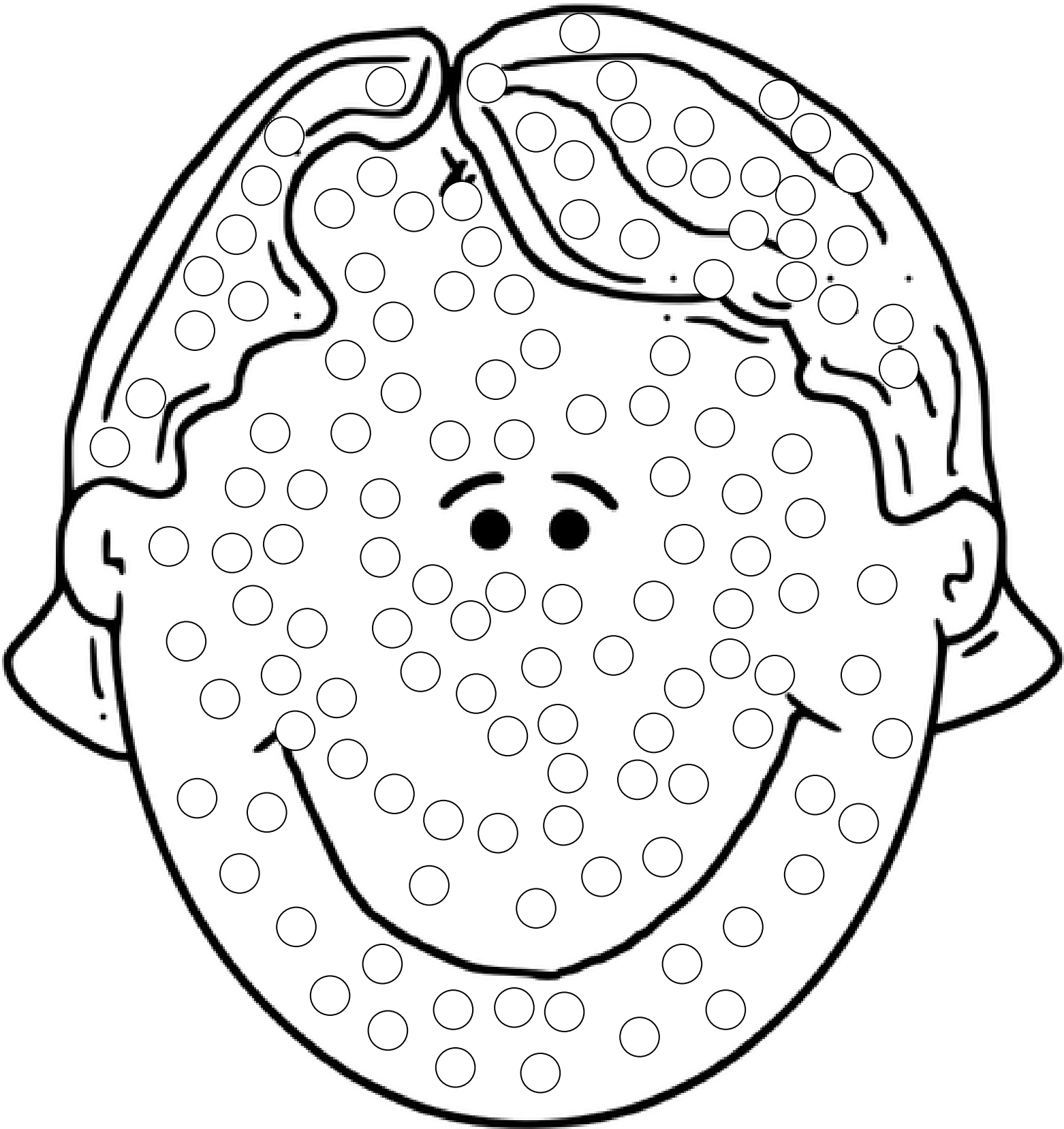
*Cotton Swabs-painting with cotton swabs helps with hand-eye coordination and building fine motor muscles! It can also be great for children who struggle to properly hold a pencil!

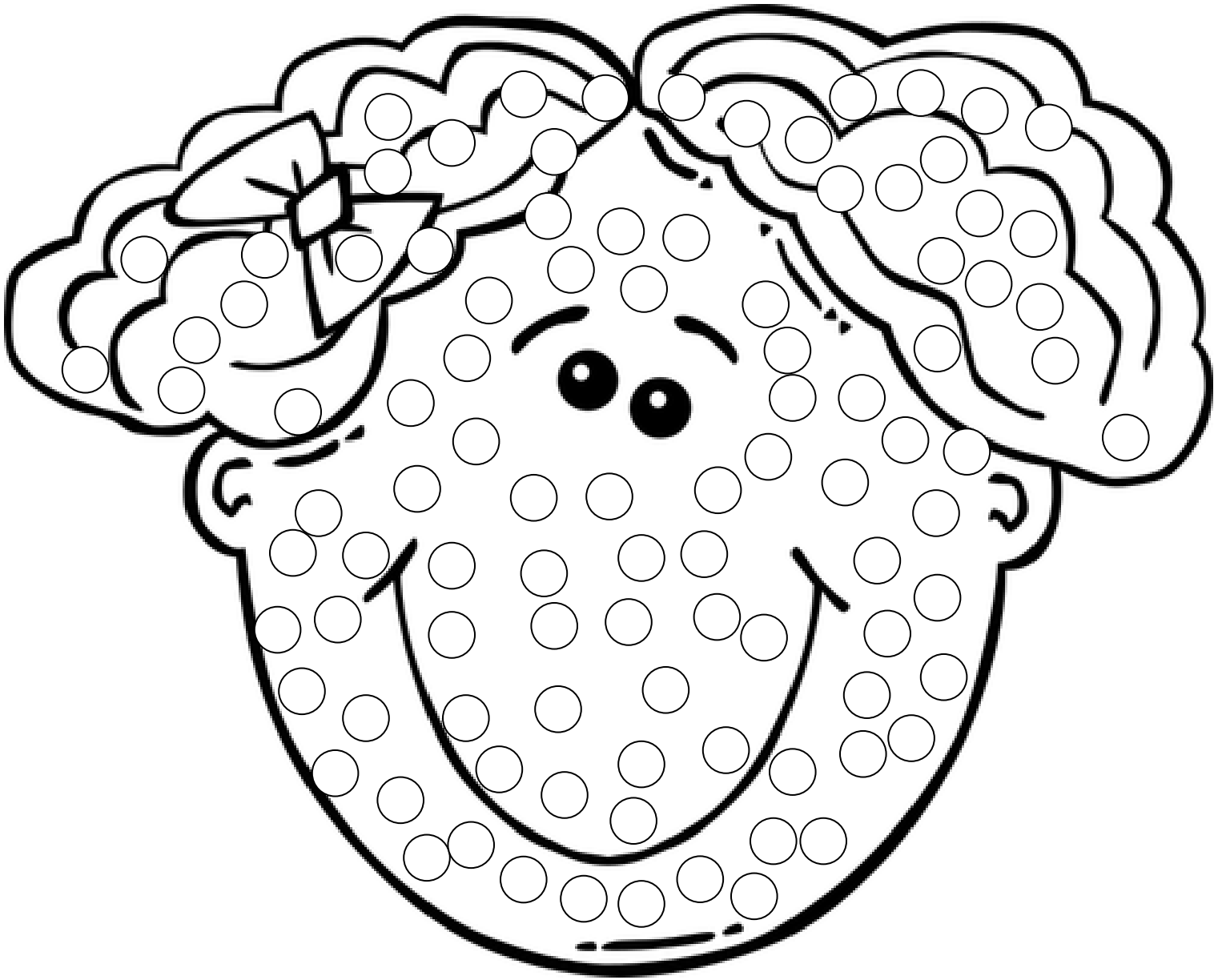
*Non-toxic Paint

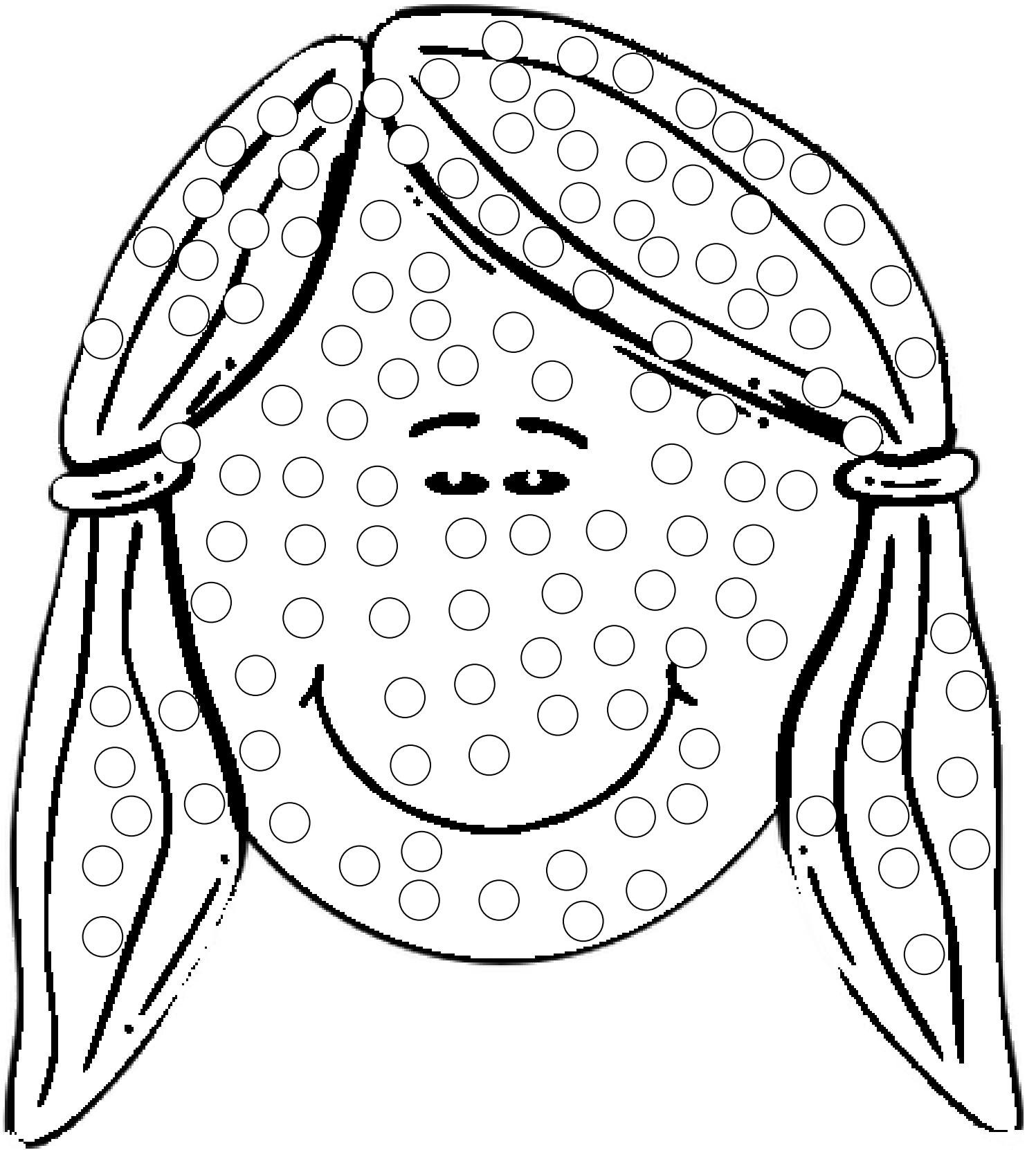
Directions:

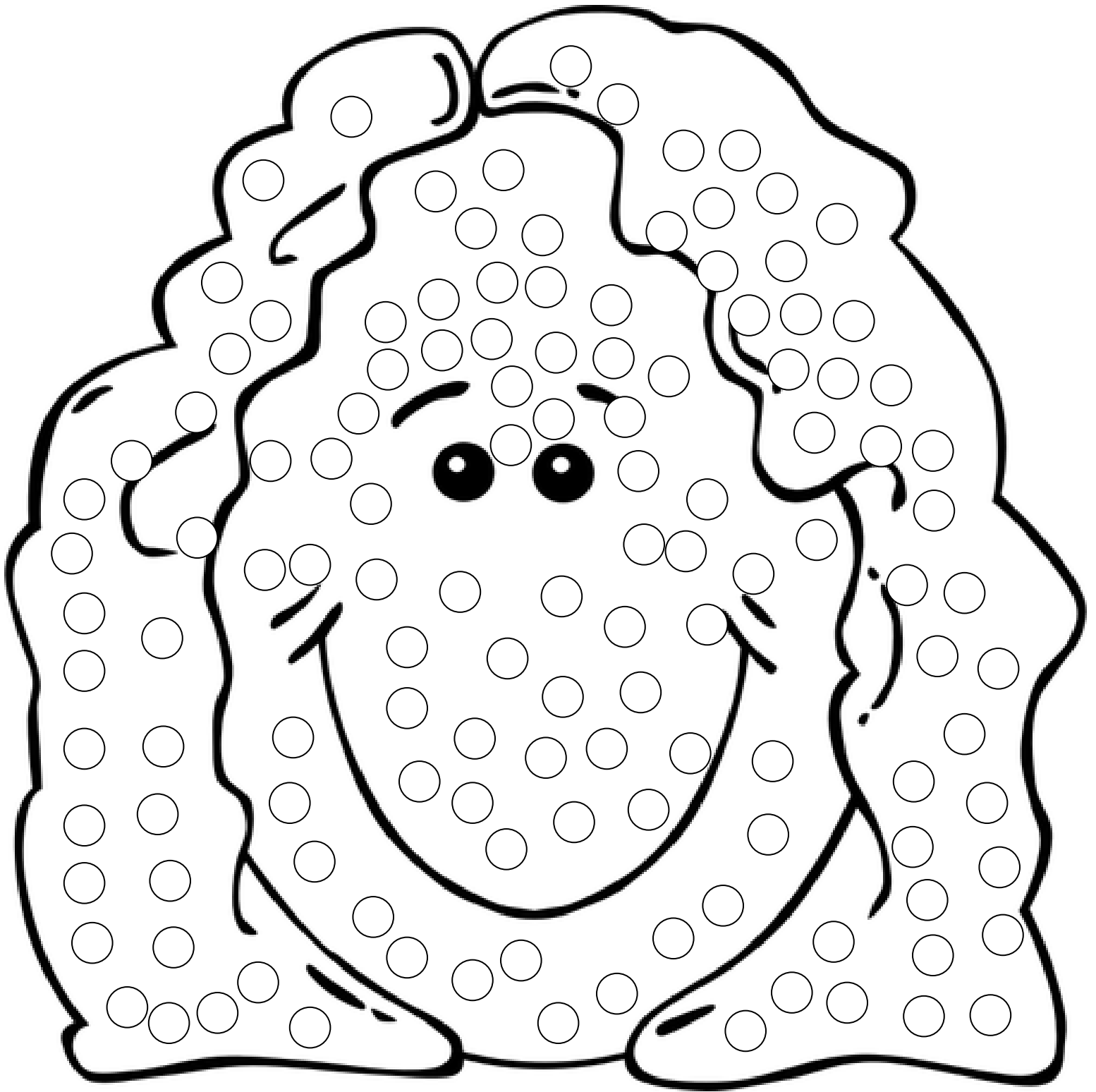
Let your child choose a face (or more than one) that they would like to use for the paint activity. Then allow them to choose the color(s) they want to use. Ask them to do their best to fill each circle on the page!











Math Activity: Look How Tall I Am!

What you need for this activity:

- *Yarn
- *Child-safe scissors
- *Masking tape
- *Measuring tape or ruler



Directions:

Depending on the children's interest, you can first show them a measuring tape and explain that we use these to see how big we are, or maybe they remember getting checked at the doctor's office! Then explain that today you will use the yarn to see the height of each child. Let them choose the color they would like and have them help each other cut the yarn to the correct size (they may also need an adult's help with this depending on comfort level with scissors)!

After the child has cut the yarn, measure it (with help of course) with either a ruler or measuring tape and write down the length on a piece of masking tape. Then wrap that piece around the yarn so it does not get lost. (We recommend saving the piece of yarn in a baggie-or somewhere you can display it and dating it, then do the activity again in a few months to see how much your child has grown)!

Let children compare lengths of yarn to see which is longer, shorter. To extend this activity, ask children to put the yarn pieces of all members from shortest to longest piece. Make sure the tape with the length written on it is facing up so the children can gain knowledge of which numbers are bigger or smaller. (If anyone is saddened by not having the longest piece, remind them that we are always growing and that it matters how we treat our friends, not how tall we are!

Language Activity: How do you feel?

What you need for this activity:

*Emotions scenario cards

Directions:

For this age group, many children are able to name their emotions and have some understanding of how others are feeling. It is important to let children know that every emotion is okay, it's all about how we handle them! For this activity, look at the emotion "scenario cards" and let children discuss how they would feel and how they would react.

Emotions Scenario Cards

You want to play on the swings with your friend at recess but they say you can't, they want to play with someone else today.

*How would you feel?

*What would you do?

You have been working really hard on building a big tower with blocks. All of a sudden someone comes by and hits your tower with a truck and it falls over. They say "sorry it was an accident."

*How do you feel?

*What would you do?

*What should the other person do?

There is a new friend in class today and they are very shy-they aren't playing with anybody and look sad.

*What would you do and how would that make them feel?

You are playing soccer and score a goal! You see everybody jumping up and down for you.

*How do you feel?

*What would you do?

You are painting with friends and you accidentally spill paint all over your friend's project. They have been working hard on the project and start crying.

*How do they feel?

*How do you feel?

*What would you do?

Science Activity: My Fingerprints



What you need for this activity:

- *Non-toxic ink pad or non-toxic markers if you don't have ink
- *My fingerprints page
- *Finger print type cards

Directions:

First let children look at their fingers, and those of their friends see if they notice anything different about them. Then explain that everybody has different fingerprints, just like we all look different in other ways too! Have children stick fingers in ink and put it on their pages, let them observe and see what they notice! Does anybody have a finger(s) that look similar? Does anybody have a scar or birth mark that shows up on their fingerprint? Ask children to identify each of their fingerprint types and make tallies on their page. (Please note the fingerprint types are simplified-there are many resources online that show more complicated versions!

MY FINGERPRINTS!

RIGHT HAND

THUMB	INDEX	MIDDLE	RING	PINKY

LEFT HAND

THUMB	INDEX	MIDDLE	RING	PINKY

Fingerprint types

WHORL



ARCH



LOOP



UNSURE

