

Theme:

All About Me

This document contains all of the activities for the theme “All About Me” for the age group “Big Littles.”

Have fun!

Questions or comments? Please email us at playconnecttoday@gmail.com!

All activities require adult supervision!

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*Clip art images taken from: <https://publicdomainvectors.org> and <https://clipartsearch.freebusinessapps.net/>

*Images used from: unsplash.com

Book Suggestion

“There’s Only One You”

(We highly recommend checking your local library for this book, however if you cannot find it-please see link on our “Theme extras” web page to purchase if desired or find another book that showcase “All About Me!” - **You do not need to read the entire story all at once. Some children have a difficult time concentrating for an entire story, it is totally okay to portion on the story over a few reading sessions!



Song Suggestion

All of Me

Author: Unknown

My Hands are for clapping

My arms can hug tight

My fingers can snap,

Or turn out a light

My legs are for jumping

My eyes help me see

This is my body,

And I love all of me!



Introduction project:

All about me bag



What you need for this activity:

- *A bag of some sort (we suggest paper so it can be decorated)
- *Items that you can decorate with: markers, stickers etc.

Directions:

- Have your child to decorate their paper bag in whichever way they wish
- Ask your child(ren) to fill the bag with items that represent them.
Think: picture of family, stuffed animal, food they like etc.
- **Help your child to share why these items are important with them

**This project works great when children can talk about these items with members outside of their home *however* it can also be shared over things like video chat if not done in a group/class setting!

Art Project: Make your face!

What you need for this activity:

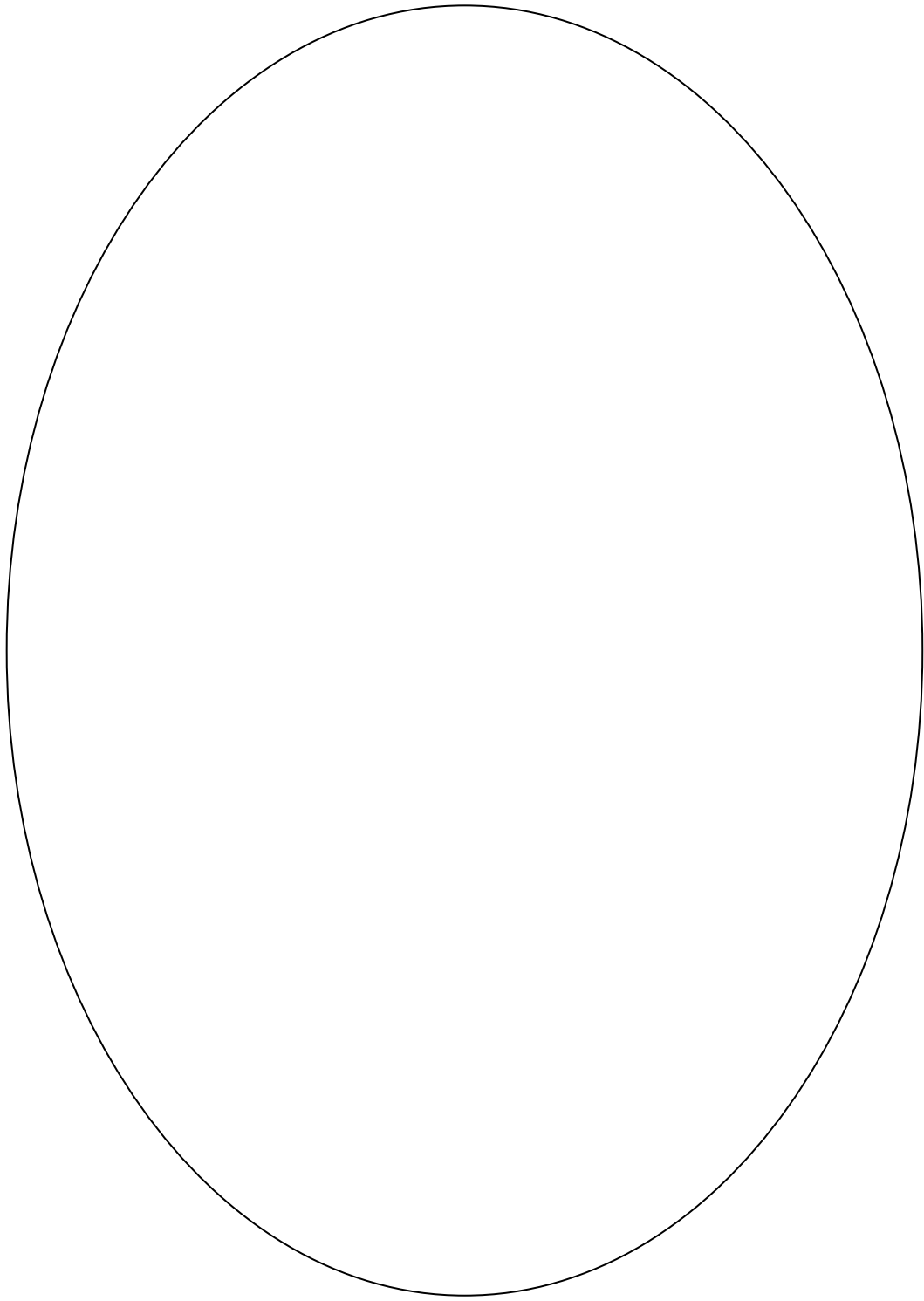
*Non-toxic Glue

*Face outline template (or draw your own outline)!

*Whatever (child safe) stray materials you have laying around (these could be buttons, stray pieces of yarn, pipe cleaners, things from outside like leaves and rocks). Let their imaginations go wild!

Directions:

- Ask your child to name the parts of their face (remind them if they forget any by pointing to that part)
- Let your child find items that represent each part of their face and glue them on
- Ask them to tell you about what they created!



Fine Motor Activity: Faces dot stampers

What you need for this activity:

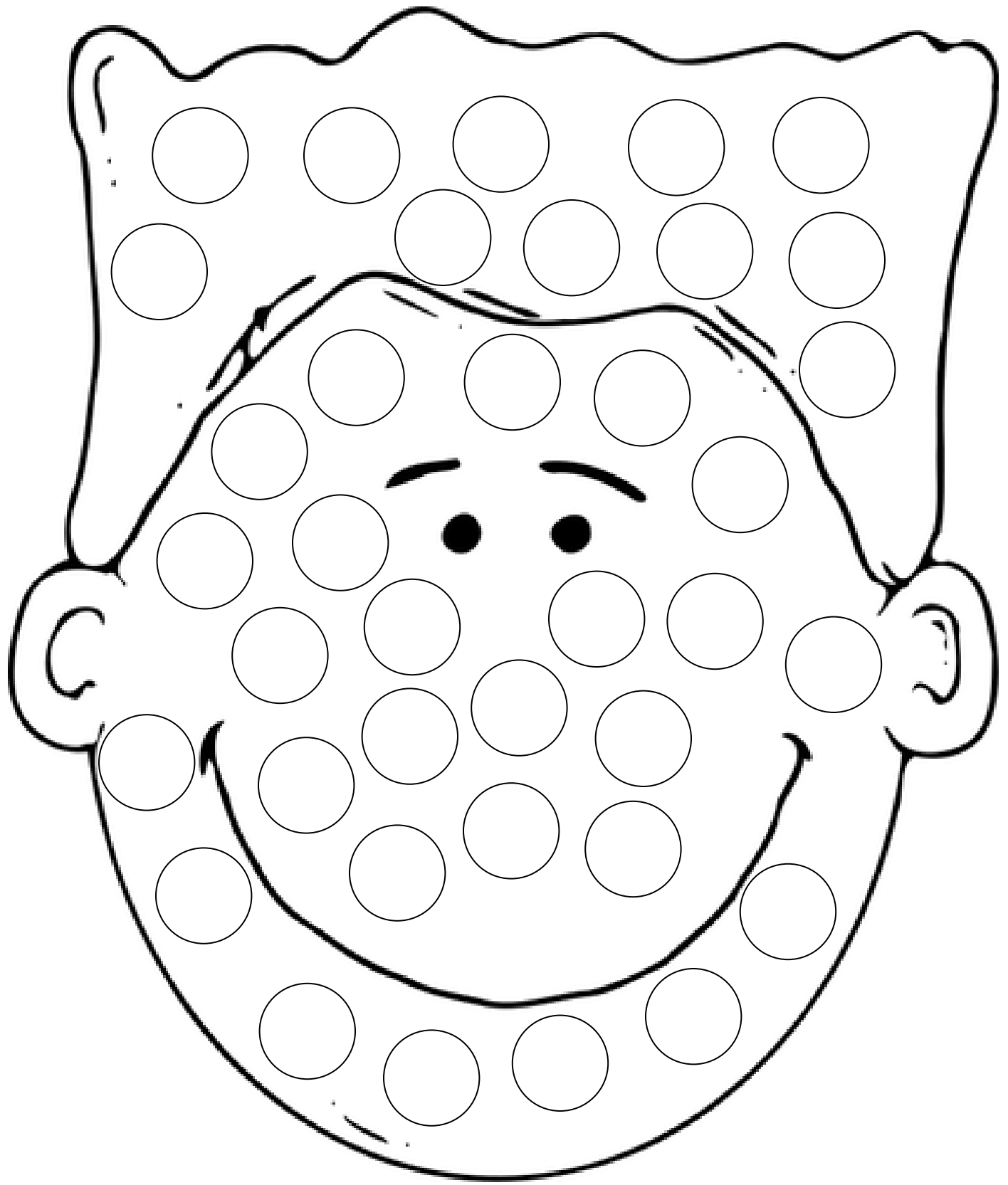
*Faces dot page(s)

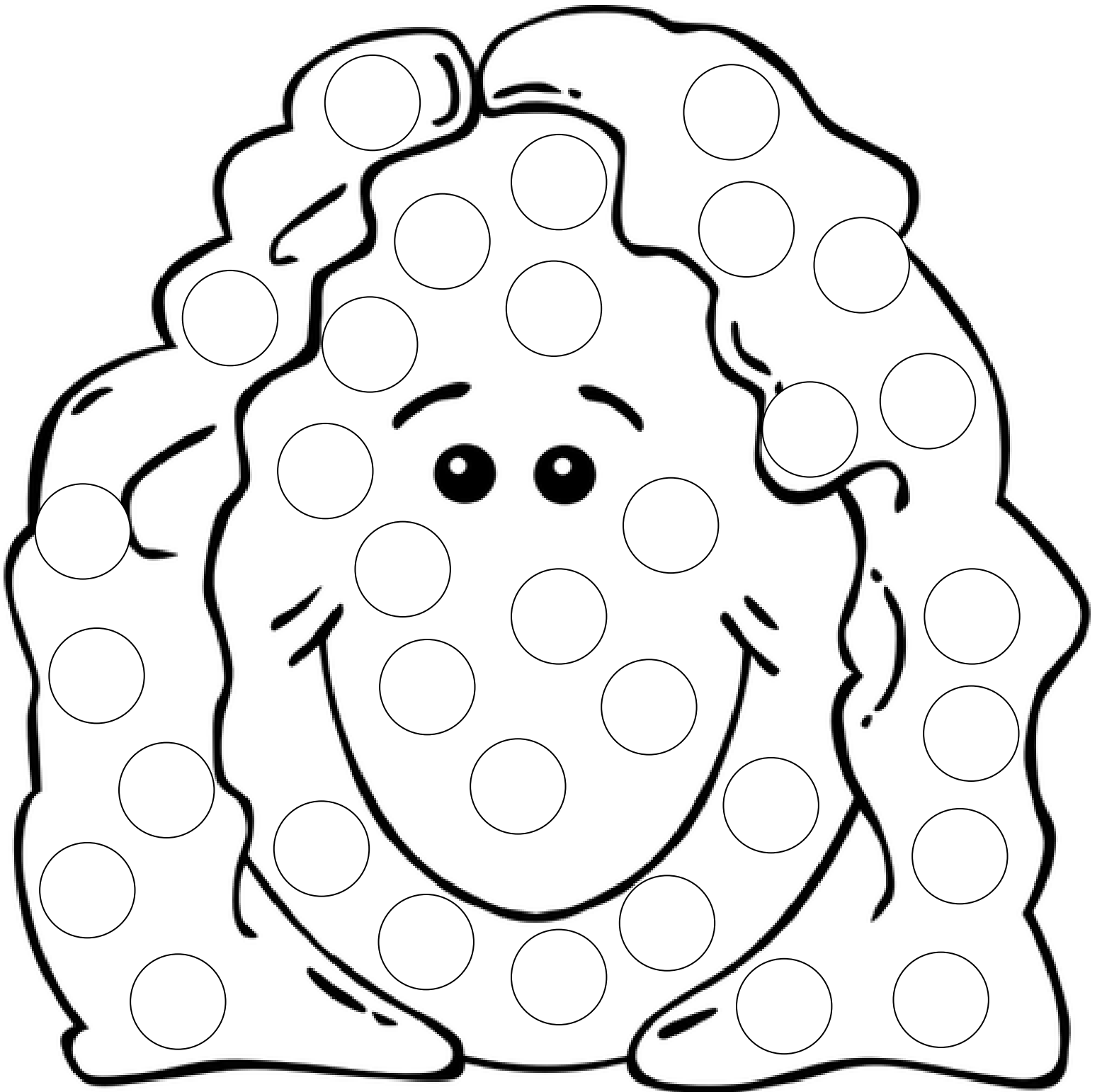
*Dot Stampers

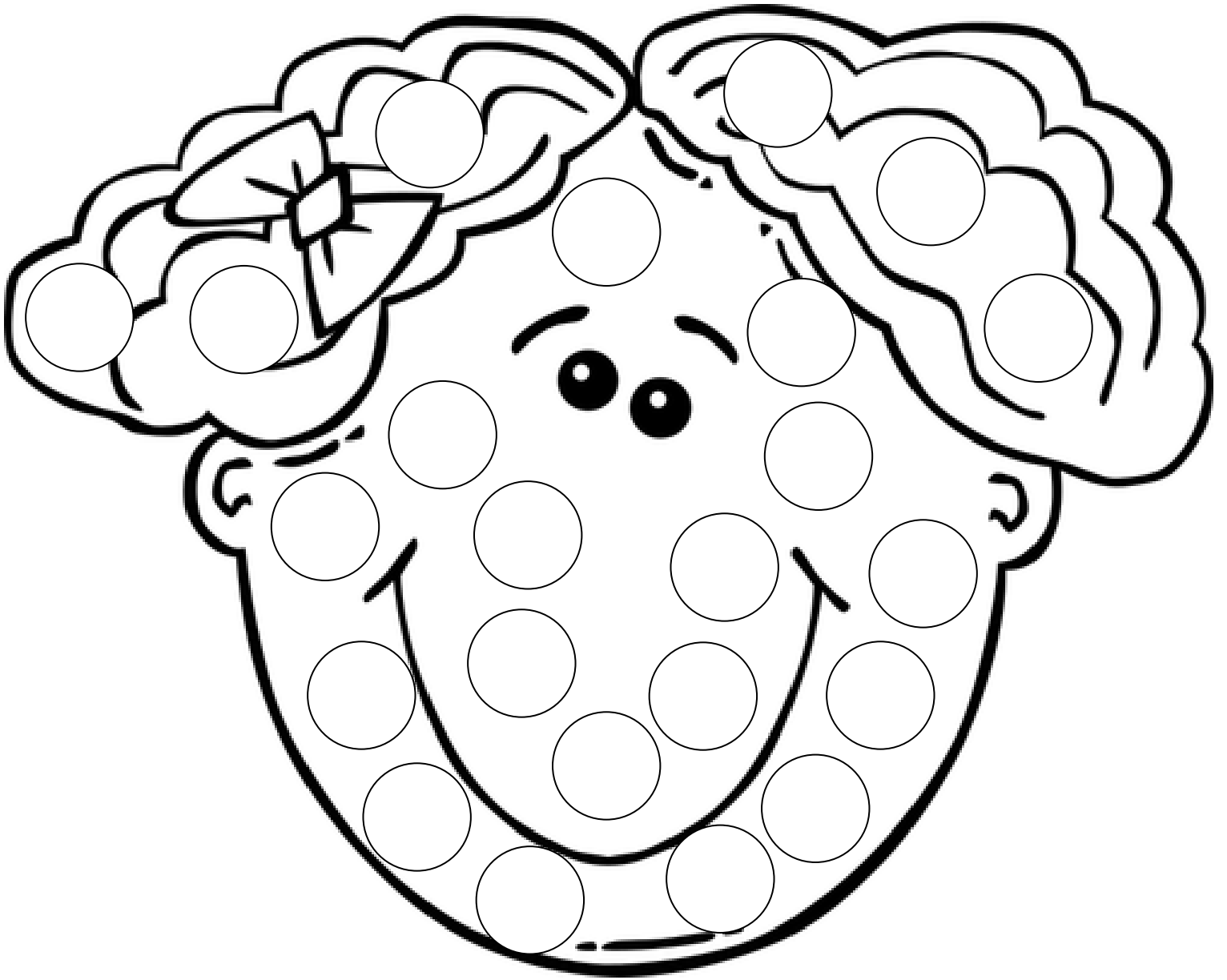
Directions:

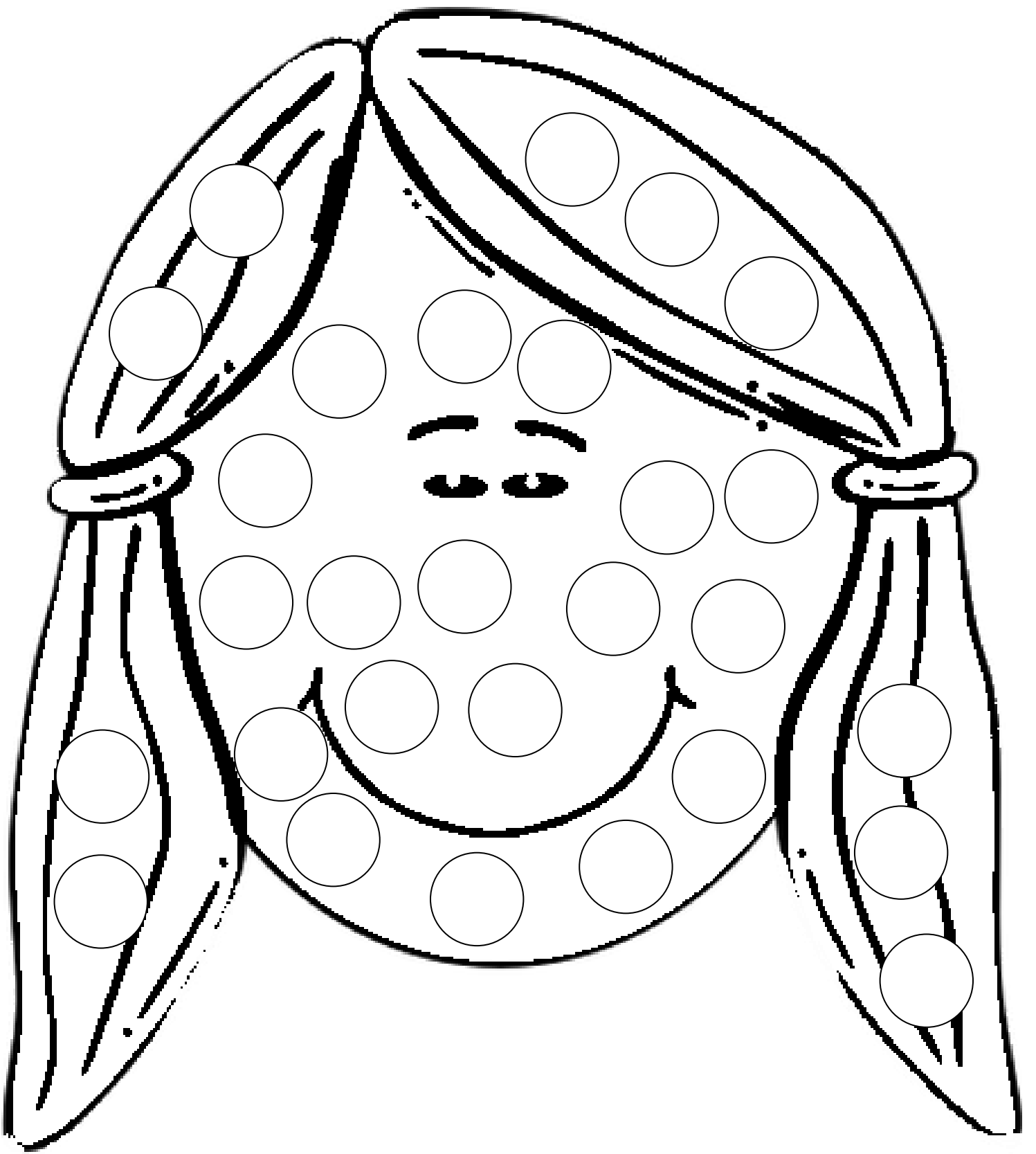
Dot stampers are an excellent fine motor activity that helps with dexterity and hand-eye coordination!

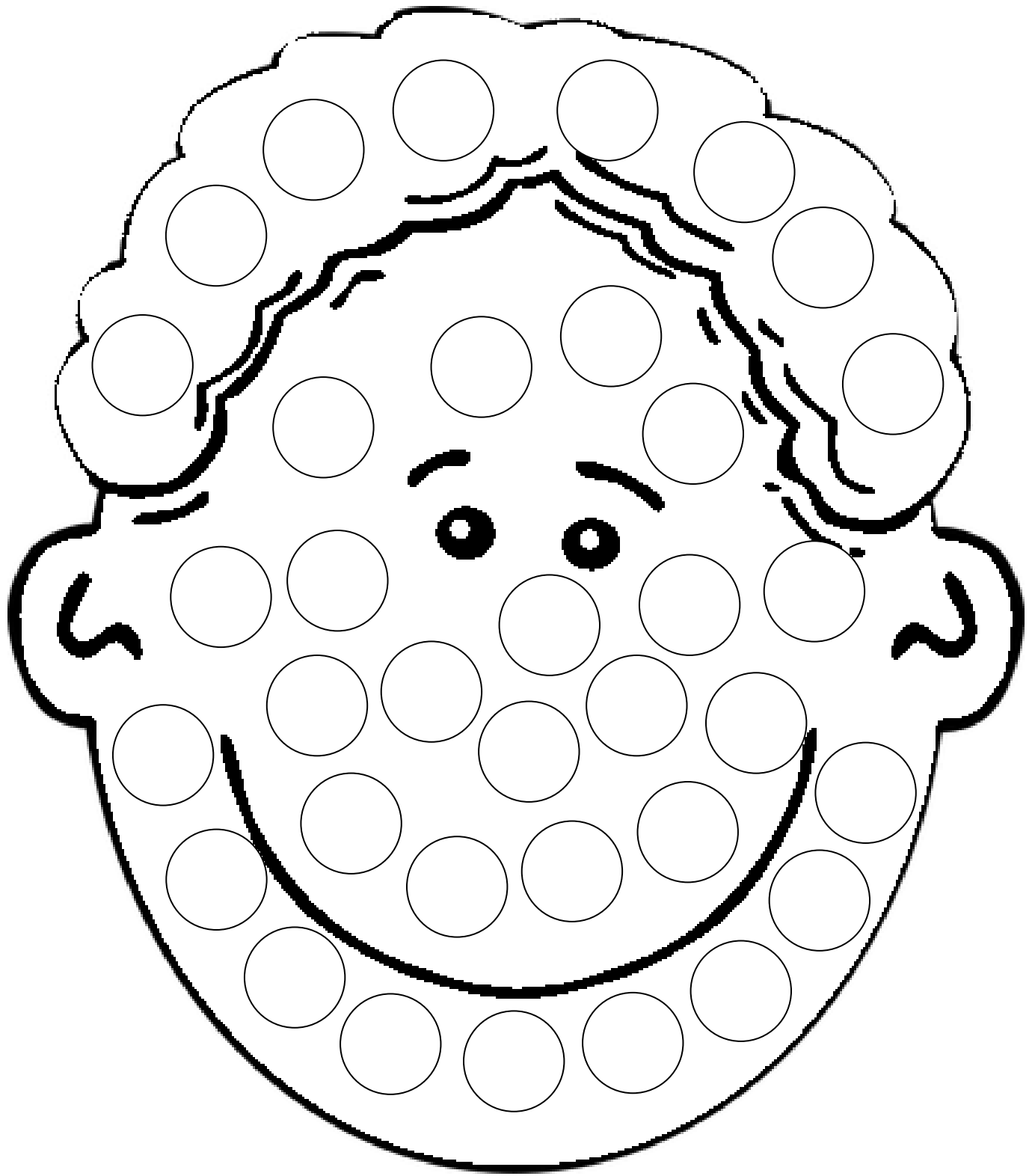
Let your child choose a face (or more than one) that they would like to use for the dot activity. Then allow them to choose the color(s) they want to use. Ask them to do their best to fill each circle on the page!

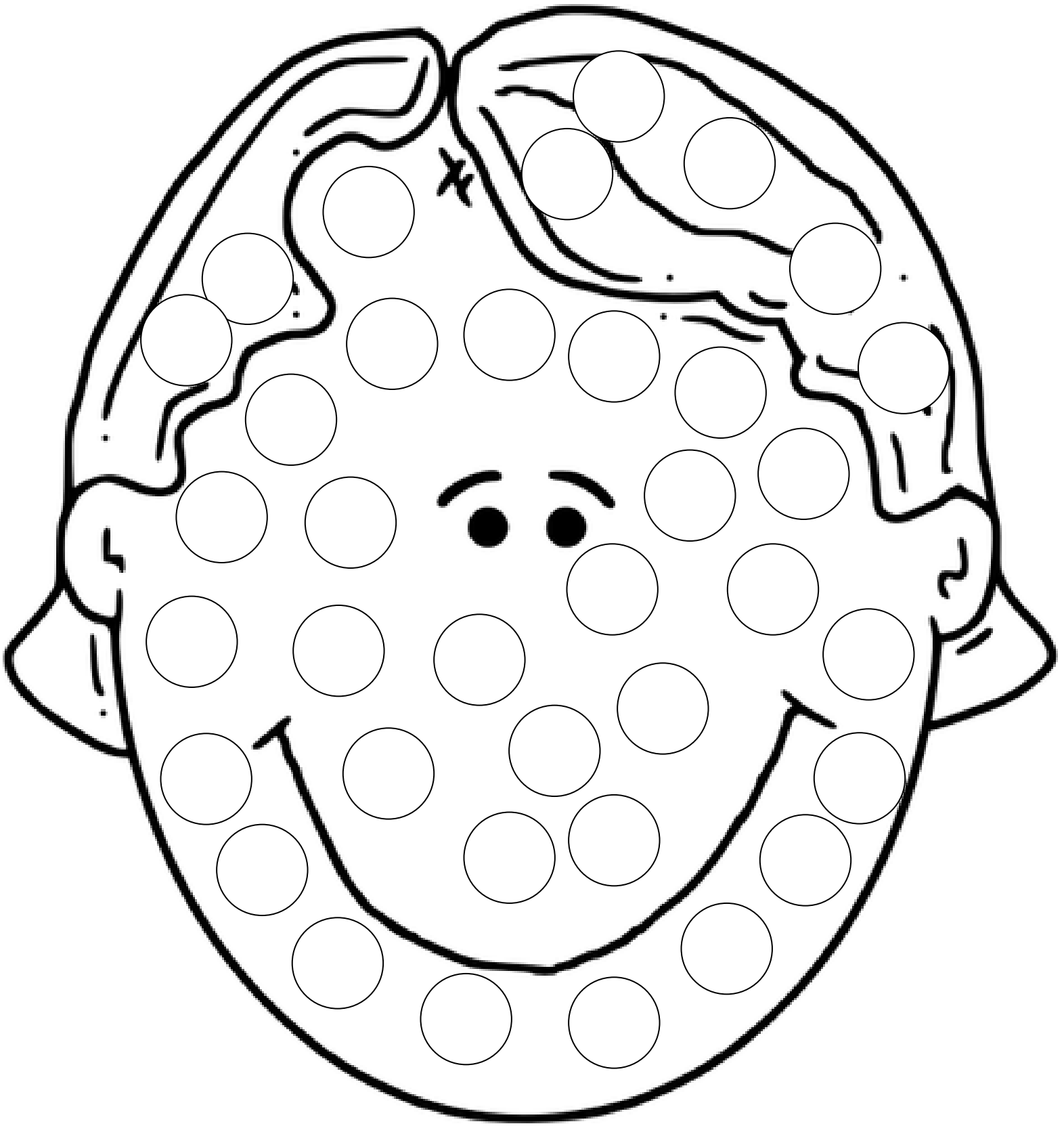












Math Activity: Look How Tall I Am!



What you need for this activity:

*Yarn

*Child-safe scissors

Directions:

Depending on the children's interest, you can first show them a measuring tape and explain that we use these to see how big we are, or maybe they remember getting checked at the doctor's office! Then explain that today you will use the yarn to see the height of each child. Let them choose the color they would like and have them help each other cut the yarn to the correct size (they may also need an adult's help with this depending on comfort level with scissors)!

Let children compare lengths of yarn to see which is longer, shorter. To extend this activity, ask children to put the yarn pieces of all members from shortest to longest piece. (If anyone is saddened by not having the longest piece, remind them that we are always growing and that it matters how we treat our friends, not how tall we are! (We recommend saving the piece of yarn in a baggie-or somewhere you can display it and dating it, then do the activity again in a few months to see how much your child has grown)!

Language Activity: How do you feel?

What you need for this activity:

- *Emotions work page
- *Child-Safe Scissors
- *Glue

Directions:

For this age group, many children are already able to name their emotions but it is great for them to recognize the emotions of others. It is important to let children know that every emotion is okay, it's all about how we handle them! (If your child is not yet certain identifying emotions-please see emotions cards in "littles" section).

Sorting through emotions!

For this activity, cut out the images and match them to the correct emotion (please note-some may be up to interpretation and have more than one correct answer)!

SAD

MAD

HAPPY

EXCITED

AFRAID

TIRED



Science Activity: My Fingerprints



What you need for this activity:

- *Non-toxic ink pad or non-toxic markers if you don't have ink
- *My fingerprints page

Directions:

First let children look at their fingers, and those of their friends see if they notice anything different about them (there's a good chance they won't)! Then explain that everybody has different fingerprints, just like we all look different in other ways too! Have children stick fingers in ink and put it on their pages, let them observe and see what they notice! Does anybody have a finger(s) that look similar? Does anybody have a scar or birth mark that shows up on their fingerprint?

MY FINGERPRINTS!

RIGHT HAND

THUMB	INDEX	MIDDLE	RING	PINKY

LEFT HAND

THUMB	INDEX	MIDDLE	RING	PINKY