

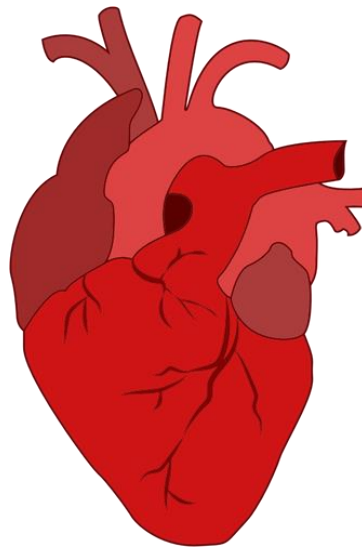
Heart Facts!

The heart is a really important part of our bodies, it pumps blood through our veins, keeping us alive and well! No wonder when we tell people we love them we use a heart symbol – we are telling them they are so very important to us!

Human hearts don't really look like this:

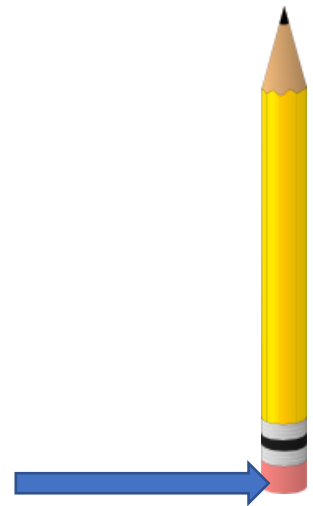
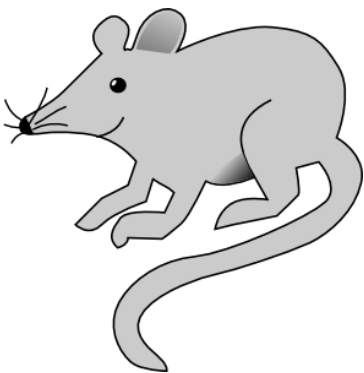
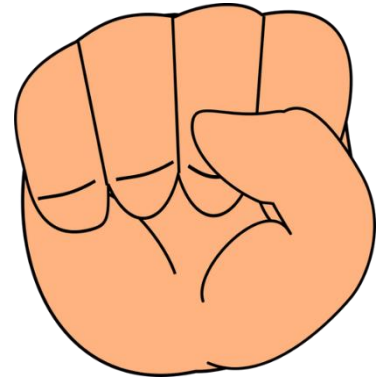
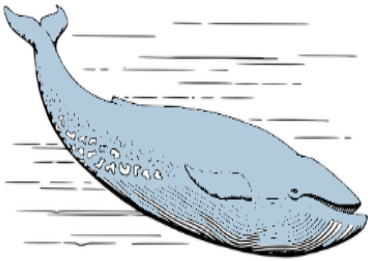
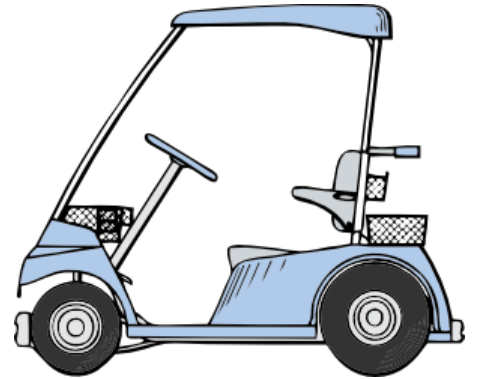


They look more like this:



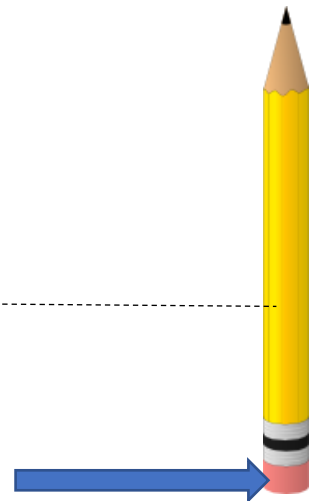
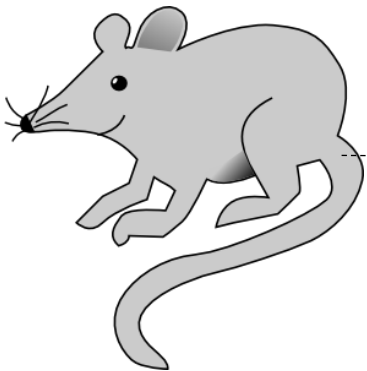
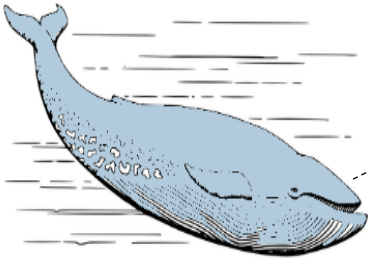
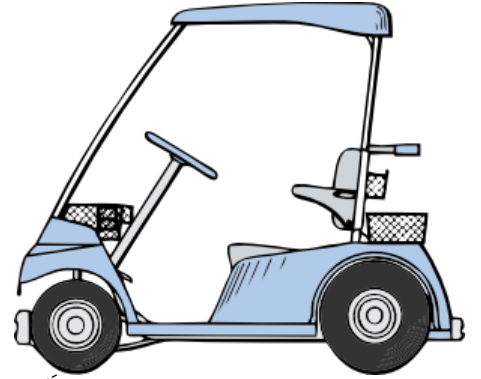
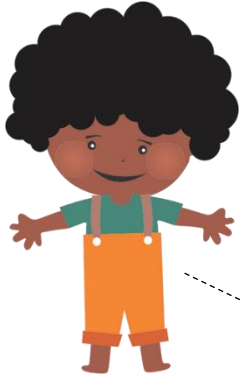
Did you know *most* animals have hearts too?! Hearts come in all different sizes, match the images below to make *predictions* about whose heart is which size! Explain why you think so!

Whose heart is as big as a



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Animal hearts fun facts:

2 Humans:

We've already told you that a human heart is important but did you know..

- Your heart is on your left side
- An adult's heart weighs about 10 ounces – or about the weight of 2 apples
- Your ribcage keeps your heart safe!

1 Mouse:

- A mouse's heart beats *very* fast: 400-600 times each minute!
- Its heart about the shape of a rugby ball!
- Its heart only weighs around 200 MG (about as much as a raindrop!)¹

3 Blue Whale:

- A Blue Whale has the biggest heart on earth!
- Its heart weighs more than 1000 pounds – about that of a dairy cow!
- Each time its heart beats, it pumps 60 gallons of blood!

³ <https://www.fisheries.noaa.gov/feature-story/big-hearted-blue-whale#:~:text=In%20fact%2C%20they%20have%20the,2.4%20ounces%20with%20each%20beat.>

² <https://my.clevelandclinic.org/health/body/21704-heart>

¹ (https://www.scintica.com/wp-content/uploads/2019/02/The-Mouse-Cardiac-Imaging-Guide_201811.pdf, 2018)