

Theme: Camping!

Week 1

This document contains all of the activities for the theme “Camping” for the age group “Big Kids.”

Have fun!

Questions or comments? Please email us at

[playconnecttoday@gmail.com!](mailto:playconnecttoday@gmail.com)

All activities require adult supervision!

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*Images used from: unspash.com



Book Suggestion

(We highly recommend checking your local library for this book, however if you cannot find it-please see link on our “Theme extras” web page to purchase if desired or find another book that showcases Camping)! -We suggest using the same book for two weeks as this really helps children gain reading comprehension of the book!



THE CAMPING TRIP



Jennifer K. Mann

Song Suggestion

Camping song

(Tune of Baby Shark) *Written by Play Connect LLC.*

Going camping do do do do do do
Going camping do do do do do do
Going camping do do do do do do

Going Camping

Set up the tent do do do do do do
Set up the tent do do do do do do
Set up the tent do do do do do do

Set up the tent

Build a fire do do do do do do
Build a fire do do do do do do
Build a fire do do do do do do

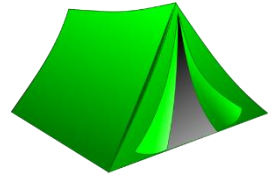
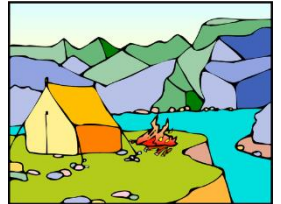
Build a fire

Make some s'mores do do do do do do
Make some s'mores do do do do do do
Make some s'mores do do do do do do

Make some s'mores

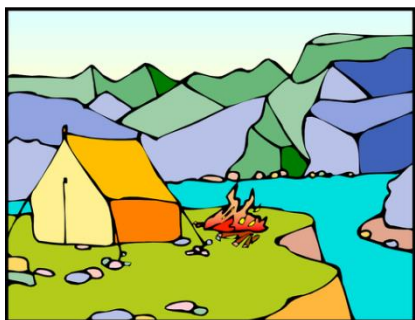
Time for bed do do do do do do
Time for bed do do do do do do
Time for bed do do do do do do

Time for bed!

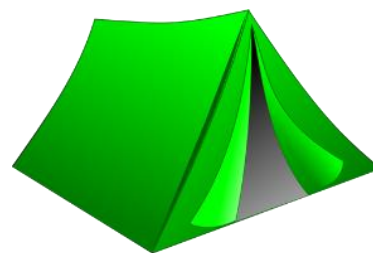


Simple Vocabulary Words

These are optional vocabulary cards to show your child before reading the story to help with understanding. It is also a great idea to point out the words while reading the book!



Camping



Tent



Campfire



S'more



Sleeping Bag



Hiking



Lantern



Flashlight

Art Project: Campfire

What you need for this activity:

- *Sticks
- *Black construction paper
- *Red/orange paints
- *White Chalk
- *Non-toxic glue

Directions:

- *To start, have your child(ren) gather sticks that they would like to use for their project. Please note-these should not be very large as they must fit onto paper.
- *Glue the sticks onto the black paper in a triangle shape. Then stack some in the center (you may need a lot of glue)! Make sure that it dries all the way before continuing.
- *Draw flames using orange and/or red paint.
- *Draw smoke using white chalk.



Pre-writing activity

Nature words

What you need for this activity:

- *Vocabulary words
- *Outdoor materials

Directions:

*For this activity, your child will practice their pre-writing skills by forming our vocabulary words.

*To start have children pick out nature materials they would like to use to write the words. There are so many great ones you can use but some ideas are: pine needles (carefully since they can poke), blades of grass, sticks, stones etc.

*Have your child(ren) form the letters of each words using their chosen nature materials! Note: this can be tricky and they may need a little help!

**We recommend forming the words using capital letters as they are a bit easier.

Easiest to most complicated words to form:

TENT, S'MORE, LANTERN, CAMPFIRE, HIKING, CAMPING,
FLASHLIGHT, SLEEPING BAG

Math Activity:

Campfire Counting

What you need for this activity:

- *Sidewalk Chalk
- *Sticks that can be grabbed

Directions:

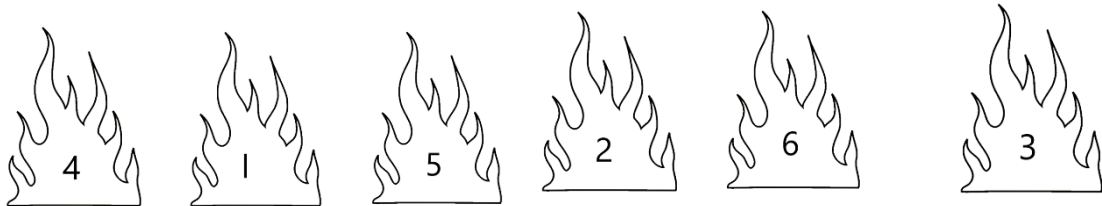
This activity will allow your child to review/work on their recognition of numbers 1-6 as-well-as quantification.

*To start, the adult (or children!) draws six different fires (or more depending on child's ability). Make sure they are spaced out enough so it is not confusing.

*Inside of each "fire" write a number 1-6

**Do not put the numbers in order!

Perhaps it will look like this:



(again, if your child has these numbers down feel free to push with higher numbers as well).

Language Activity:

Flashlight Letter Finder

What you need for this activity:

*Flashlight

Option one:

*Chalk

Option two:

Alphabet cards

Directions:

For this activity your child(ren) will review their knowledge of the alphabet.

This activity can be done in multiple ways. Regardless of which option you choose, you can use upper or lowercase letters depending on your child(ren)'s knowledge and what you think they need to work on.

If they are very well versed already in recognizing both the capital and lowercase letters, you may choose to do this activity with letter-sound knowledge (more below).

Option one:

This is best done when it is getting dark outside (as long as it is safe to do so). Write all of the letters of the alphabet (not in order) on your driveway/sidewalk/writeable area. Give each child that is playing a flashlight. Call out a letter and have the children find the letter and shine the flashlight on it.

Option two:

For this option you will lay out alphabet cards (or magnets-whatever you have in alphabet format) spread out around a room. Then turn the lights off, making sure there isn't anything people can trip over! Give each child that is playing a flashlight. Call out a letter and have the children find the letter and shine the flashlight on it.

*If you would like to use letter/sound knowledge instead. Call out a word and have the children find the letter it begins with. For example, if you call out "apple!" the children should shine the flashlight on the letter A.

Science Activity:

Hiking Snacks

What you need for this activity:

- *Variety of food choices to build snack
- *Baggy or container

Directions:

For this science activity your child(ren) will build a hiking snack and learn about different foods that give us energy!

Naturally as this activity is related to food, make sure you are aware of any food allergies and intolerances your child or group of children may have!

*Below are some foods that do a great job of giving us energy for challenging activities! Read about them with your group and choose which ones to place in your snack baggy.

***BONUS:** Go on an actual hike or nature walk and take along your snack. See how energized you feel after eating it. While walking make sure to observe the sights, smells, and sounds of the nature around you!

The science of great snack foods

Food	Why it's so good
Dry nuts	These are a great energy source because they contain a lot of healthy fats and protein. They fill you up and keep you full! Bonus: They are great for your heart too!
Dried fruits: apples, mango, banana, raisins	Fruits are always a good snack choice but are easiest eaten dried while hiking. These have natural sugars in them which give you energy!
Dark Chocolate	This is a good choice because it contains great antioxidants which your body needs to stay healthy! It also keeps you in a good mood to keep on hiking.
Sunflower Seeds, Pumpkin	These are a great source of protein, helping your muscles to feel strong!
Popcorn (just not too much butter)!	This helps you feel full longer, giving you the push you need to finish your hike!
Whole Grain Granola	The iron in this food will help your blood stay strong, which helps your oxygen and energy levels while moving!

And don't forget about water!