

Theme:

All About Me

This document contains all of the activities for the theme “All About Me” for the age group “Littles.”

Have fun!

Questions or comments? Please email us at playconnecttoday@gmail.com!

All activities require adult supervision!

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*Clip art images taken from: <https://publicdomainvectors.org> and <https://clipartsearch.freebusinessapps.net/>

*Images used from: unsplash.com

Book Suggestion

“There’s Only One You”

(We highly recommend checking your local library for this book, however if you cannot find it-please see link on our “Theme extras” web page to purchase if desired or find another book that showcase “All About Me!” - **You do not need to read the entire story all at once. Some children have a difficult time concentrating for an entire story, it is totally okay to portion on the story over a few reading sessions!



Song Suggestion

This is Me

Author: Unknown

This is me,
from my head to my toes
I have two eyes,
And one little nose.
I can wiggle my ears
And stomp my feet.
From my head to my toes,
I'm pretty neat!



Introduction project:

All about me bag



What you need for this activity:

- *A bag of some sort (we suggest paper so it can be decorated)
- *Items that you can decorate with: markers, stickers etc.

Directions:

- Have your child to decorate their paper bag in whichever way they wish
- Ask your child(ren) to fill the bag with items that represent them – this age group may need extra help with this. Think: picture of family, stuffed animal, food they like etc.
- **Help your child to share why these items are important with them

**This project works great when children can talk about these items with members outside of their home *however* it can also be shared over things like video chat if not done in a group/class setting!

Art Project: Make your face!

What you need for this activity:

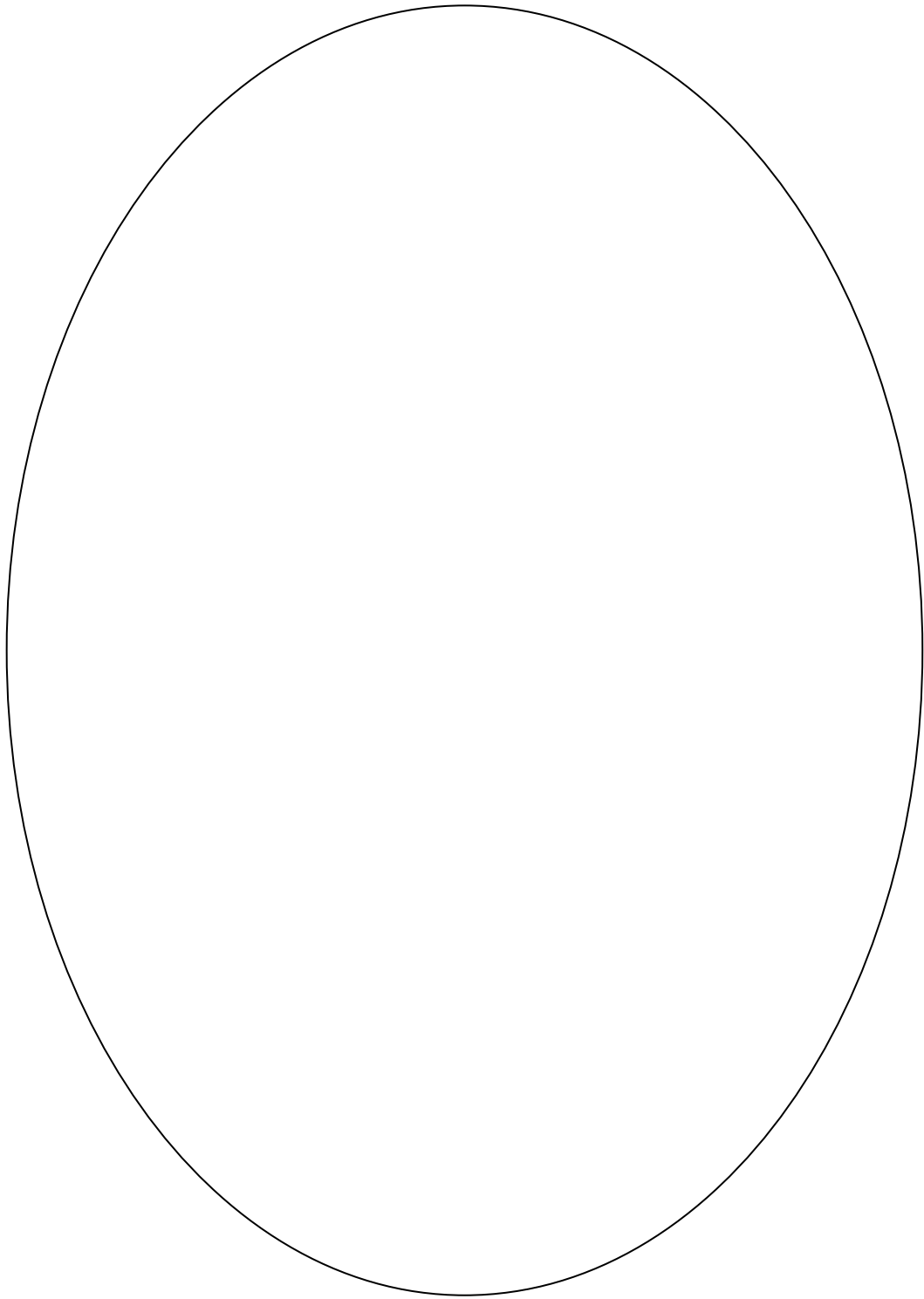
*Non-toxic Glue

*Face outline template (or draw your own outline)!

*Whatever (child safe) stray materials you have laying around (these could be buttons, stray pieces of yarn, pipe cleaners, things from outside like leaves and rocks). Let their imaginations go wild!

Directions:

- Help your child choose materials that they feel represents their eyes, nose, and mouth and glue it onto the face outline
- Next, help your child choose materials that represent their hair
- Keep in mind that the face they build can look in whatever way *they* imagine it!



Fine Motor Activity: Play Dough Face

What you need for this activity:

*Play dough in various colors

*(Rolling pins and oval cut outs optional)

Directions:

We recommend first letting children squeeze the play dough- break off pieces, form balls etc. as this is an excellent activity to build those fine motor muscles!

-Then: if you have rolling pins, let children roll the play dough out (whatever color they choose for their face) and either roll it into a circle or use a cookie cutter in the shape of a circle. Use different colors and shapes to make facial features!

Math Activity: Look How Tall I Am!



What you need for this activity:

*Yarn

*Child-safe scissors

Directions:

Depending on the children's interest, you can first show them a measuring tape and explain that we use these to see how big we are, or maybe they remember getting checked at the doctor's office! Then explain that today you will use the yarn to see the height of each child. Let them choose the color they would like and have them help each other cut the yarn to the correct size (they may also need an adult's help with this depending on comfort level with scissors)!

Let children compare lengths of yarn to see which is longer, shorter. (We recommend saving the piece of yarn in a baggie-or somewhere you can display it and dating it, then do the activity again in a few months to see how much your child has grown)!

Language Activity: How do you feel?

What you need for this activity:

*Emotions cards (optional)



Directions:

For this age group, one of the big things they learn is about emotions-how to name them, how to control them etc. This is an introduction to naming emotions so they can discuss how they feel. It is important to let children know that every emotion is okay, it's all about how we handle them!

-Show children emotions cards and let them name the emotion they see. Ask them to replicate that emotion. Then ask them how they are feeling today-if the child is not yet verbal let them point to the image!



HAPPY



SAD



MAD



AFRAID



EXCITED



TIRED



HUNGRY

Science Activity: My Fingerprints



What you need for this activity:

*Non-toxic ink pad or non-toxic markers if you don't have ink

*My fingerprints page

Directions:

First let children look at their fingers, and those of their friends see if they notice anything different about them (there's a good chance they won't)! Then explain that everybody has different fingerprints, just like we all look different in other ways too! Have children stick fingers in ink and put it on their pages, let them observe and see what they notice!

MY FINGERPRINTS!

RIGHT HAND

THUMB	INDEX	MIDDLE	RING	PINKY

LEFT HAND

THUMB	INDEX	MIDDLE	RING	PINKY